



UPLANDS MANOR PRIMARY SCHOOL

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Swimming Lessons at Sandwell Aquatics Centre

March 2024

Children in Year 5 will continue attending swimming lessons at Sandwell Aquatics Centre. Lessons are on Tuesday mornings. Due to the large number of children in Year 5, two classes will attend lessons for the first half of each term (i.e. until February half term and then start again after Easter); the other two classes will swim for the second half of each term (i.e. from February half term until Easter and then start again after May half term).

5E and 5W will be swimming for the first half of the Summer term, and their sessions start on **Tuesday 16th April** at the following times:

- 5E from 9.30am - 10.00am
- 5W from 10.00am - 10:30am

Swimming dates for this half term are confirmed as follows:

- 16th April
- 23rd April
- 30th April
- 7th May
- 14th May
- 21st May

What your child must bring to school on swimming days:

- ✓ Bag for swimming items.
- ✓ Plastic bag for wet clothes.
- ✓ Trunks or swim shorts for boys – swim shorts should not be below the knee.
- ✓ Swimsuit/costume for girls.
- ✓ Underwear.
- ✓ Towel.
- ✓ No jewellery
- ✓ Hair needs to be tied back.
- ✓ Inhalers / epipens

Children can bring swimming caps or goggles if they want but they are not essential.

Children should arrive at school in their **P.E kit with their swim wear** on underneath. This saves time and maximises the time that children will spend in the water.

Swimming lessons are compulsory, as swimming is part of the national curriculum, so all children will be expected to take part in swimming lessons.

Yours faithfully

Miss Elcocks
Year 5 Lead